

## **Abstract**

**Titel:** Comparison of conditional abilities in two soccer teams with different performance in the Kolín region in category U15

**Goals:** The aim of this study was to evaluate and compare the indicators of the assumptions in two soccer team in the Kolín region in category U15 and compare the results with others studies.

**Method:** To determinate the necessary data we used these tests: long jump from point, sit-ups per minute, shuttle run 4 x 10m and Intermittent recovery YoYo test 1.

**Key words:** comparasion, conditional abilities, soccer, adolescence